PAAV 40th Annual Winter CME Conference

Event Agenda

Monday, January 16, 2023 at 11:00am ET - Thursday, January 19, 2023 at 12:30pm ET

All times listed in Eastern Time (US & Canada).

Monday, January 16, 2023

11:00am - 7:00pm

REGISTRATION OPEN

12:30pm - 1:00pm

SPIN DOCTOR: VERTIGO VIVISECTION

George Higgins, MD, FACEP – Emeritus Professor, Portland, ME

0.5 CE Credits

At the conclusion of this session, the participant will be able to:

1. Evaluate the patient to differentiate central from peripheral vertigo
2. Evaluate the patient with vertigo by performing the HINTS exam
3. Evaluate the patient with vertigo by performing Dix Hallpike maneuver
4. Treat the patient with otolithic vertigo by performing the Epley maneuver

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1:00pm - 1:30pm

YOU HAD ME AT HELLO: VISUAL DIAGNOSIS CASES

George Higgins, MD, FACEP – Emeritus Professor, Portland, ME

0.5 CE Credits

At the conclusion of this session, the participant will be able to:

1. Diagnose at the bedside patients with Ramsay Hunt Syndrome
2. Diagnose at the bedside patients with Ludwig's Angina
3. Diagnose at the bedside patients with cold panniculitis
4. Diagnose at the bedside patients with tattoo dye allergy

1:30pm - 2:30pm

PHYSICS CRISIS: PEDIATRIC ORTHOPEDIC INJURIES: DISCUSSION OF COMMON ORTHOPEDIC INJURIES

Tom Gocke, DMSc, ATC, PA-C, DFAAPA – Dept Orthopaedic Surgery, WVU Medicine, Ruby Memorial Hospital, WVU School of Medicine, Morgantown, WV; President, Co-Founder – Orthopaedic Educational Services, Inc., Boone, NC

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Recognize and evaluate for SCFE- Slipped Capital Femoral Epiphysis
2. Recognize, evaluate, and treat apophysitis of the patella and achilles
3. Recognize, evaluate and treat common pediatric fractures of the clavicle, elbow, and wrist

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2:30pm - 3:30pm

IGNORE OR EXPLORE? AVOIDING THE POTHOLES IN THE BUMPY ROAD OF THE ADULT NECK

Benoit Gosselin, MD – Associate Professor of Surgery, Dartmouth Geisel School of Medicine, Hanover, NH; Otolaryngologist, Dartmouth Health, Lebanon, NH

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Review the pertinent anatomy to understand head and neck masses
2. Present a differential diagnosis of neck masses based on location
3. Discuss diagnostic tools to facilitate diagnosis of head and neck masses
4. Present options of therapy of various head and neck masses

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3:30pm - 4:00pm

COFFEE BREAK AND VISIT EXHIBITS

4:00pm - 5:00pm

GPS FOR SUCCESS? LITERATURE REVIEW OF COMMON OUTPATIENT PEDIATRIC AND FAMILY MEDICINE GUIDELINE UPDATES

Melissa Foye-Petrillo, DO, FAAP – Pediatric Hospitalist, Ellis Pediatrics, Schenectady, NY John Petrillo, DO – Program Director, Ellis Medicine Family Medicine Residency, Schenectady, NY

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Review literature updates of common outpatient pediatric topics
2. List the latest literature guidelines for medicine topics

5:00pm - 6:00pm

THE BILE FILES: RECOGNIZING AND EVALUATING BILIARY TRACT DISEASE IN PRIMARY CARE

Rick Davis, PA-C – Senior Physician Assistant, UF Division of Gastroenterology, Hepatology & Nutrition, Department of Medicine in the College of Medicine, Gainesville, FL

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Discuss the presentation, diagnosis, and treatment of acute biliary disease including cholecystitis, cholelithiasis, cholangitis, and gallstone pancreatitis
2. Review the symptoms, diagnosis, and management of chronic biliary disease including sclerosing cholangitis, biliary cysts, gallbladder polyps, and biliary dyskinesia
3. Identify the most common malignancies of the biliary tract including cholangiocarcinoma and gallbladder cancer

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6:00pm - 7:00pm

USE IT OR LOSE IT? ACUTE CARE LITERATURE REVIEW 2023

George Higgins, MD, FACEP – Emeritus Professor, Portland, ME

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Recognize bruising patterns of physical abuse in patients at the extremes of age
2. Perform therapeutic injections for primary headache
3. Discuss recent concerning developments relating to opioid use disorder
4. Describe the role of antibiotics without surgery in the management of patients with acute appendicitis

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7:00pm - 9:00pm

MEMBER BOARD MEETING

Board meeting with dinner - all members are welcome - please register ahead of time.

7:00pm - 9:00pm

DINNER ON OUR OWN

Tuesday, January 17, 2023

7:00am - 8:00am

BREAKFAST AND VISIT EXHIBITS

8:00am - 9:00am

FRESH LOOK AT AN OLD PROBLEM: CYSTIC FIBROSIS

Abe Sender, PA-C – Pulmonary Disease, University of Vermont Medical Center, Burlington, VT

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Discuss the clinical manifestations of Cystic Fibrosis
2. Explain the role of genetics in diagnosis and treatment of CF
3. Describe medical advances for treatment of CF

9:00am - 10:00am

MIGRAINE MIRACLES?: THE MYRIAD OF NEW PHARMACOLOGIC AGENTS AND HOW THEY FIT IN

Denise McGrath, APRN, AQH – Neurology, Dartmouth Health, Lebanon, NH

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Describe the importance of CGRP in the treatment of primary headache disorders.
2. Identify which headache disorders are FDA approved for treatment with Monoclonal Antibodies to CGRP and GCRP Antagonist
3. Discuss options for neuro-modulation in the treatment of common headache disorders.
4. Review most common headache disorders and the common associated symptoms

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10:00am - 10:30am

COFFEE BREAK AND VISIT EXHIBITS

10:30am - 11:30am

GO TO BED SLEEPYHEAD: THE SECRET AND VITAL IMPORTANCE OF SLEEP

Adrian Banning, DHSC, MMS, PA-C – Associate Professor, Physician Assistant Studies Program, Delaware Valley University, Doylestown, PA

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Define sleep architecture
2. Outline the disease, performance, injury, and economic risks of lost sleep
3. Discuss common sleep disorders and their treatments
4. Create a plan for healthy sleep hygiene practices

11:30am - 12:30pm

A NEW FRONTIER OF WISDOM OF THE AGES: THE SCIENCE, EVIDENCE, AND MYTH-BUSTING BEHIND LIFESTYLE MEDICINE

Adrian Banning, DHSC, MMS, PA-C – Associate Professor, Physician Assistant Studies Program, Delaware Valley University, Doylestown, PA

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Define Lifestyle Medicine and relationship to chronic disease treatment and management
2. Outline options for PAs to pursue practicing in lifestyle medicine
3. List the main components of lifestyle medical concepts
4. Formulate basic guidance for the six pillars of lifestyle medicine for patients regarding: sleep, diet/nutrition, movement, social connectivity, avoidance of harmful substances, and stress management

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12:30pm - 3:30pm

FREETIME OR WORKSHOPS

12:31pm - 3:30pm

WORKSHOP 1:PROCEDURE BUFFET: THE EASIEST WAY TO FILL UP ON ALL THE ESSENTIALS

James Marinucci – Principal & CEO, Alleanza Group, LLC., Washington, DC, Former Director of Trauma Technology and Wound Management, Department of Emergency Medicine, The George Washington Medical Faculty Associates, Washington, DC Ryan Strauss, PA-C – Associate Clinical Professor, Director of Advanced Practitioners, Department of Emergency Medicine, The George Washington Medical Faculty Associates, Washington, DC

3.0 CE Credits

At the conclusion of this session, the participant will be able to:

1. Apply a variety of techniques in managing nasal and ear foreign bodies
2. Control anterior epistaxis with a variety of nasal packing techniques and newer epistaxis products
3. Manage simple dental trauma using various dental blocks, fillers, manipulation, re-implantation, and splinting
4. Perform a proper digital nerve block
5. Manage various types of finger injuries including paronychia and felon
6. Manage a variety of soft tissue infections including properly performing an Incision and Drainage and understanding antibiotic indications
7. Perform proper orthopedic and soft tissue injury immobilization techniques

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1:30pm - 3:00pm

WORKSHOP 2: PANRE PREP AND PRACTICE WITH PRIZES

Adrian Banning, DHSC, MMS, PA-C – Associate Professor, Physician Assistant Studies Program, Delaware Valley University, Doylestown, PA

1.5 CE Credits

At the conclusion of this session, the participant will be able to:

1. Outline evidence-based study and test-taking skills for success
2. Review the PANRE content and question blueprint
3. Practice live, low-stakes game-style questions and compete for prizes while reviewing PANRE content

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1:30pm - 3:00pm

WORKSHOP 3: PHYSICAL EVALUATION OF THE ANKLE AND FOOT

Tom Gocke, DMSc, ATC, PA-C, DFAAPA – Dept Orthopaedic Surgery, WVU Medicine, Ruby Memorial Hospital, WVU School of Medicine, Morgantown, WV; President , Co-Founder – Orthopaedic Educational Services, Inc., Boone, NC

1.5 CE Credits

At the conclusion of this session, the participant will be able to:

1. Perform evaluations of the Ankle and Foot
2. Interpret normal radiographic of the Ankle and Foot
3. Recognize and treat for acute Ankle Injuries
4. Recognize and treat acute Foot injuries
5. Recognize and treat soft tissue injuries of the Ankle
6. Recognize and treat soft tissue injuries of the Foot

3:30pm - 4:00pm

COFFEE BREAK AND VISIT EXHIBITS

4:00pm - 5:00pm

MORE ARROWS IN YOUR LIVER QUIVER: NEW GUIDELINES IN HEPATITIS IMMUNIZATION

Rick Davis, PA-C – Senior Physician Assistant, UF Division of Gastroenterology, Hepatology & Nutrition, Department of Medicine in the College of Medicine, Gainesville, FL

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Discuss the changing epidemiology of acute/chronic Hepatitis B in the U.S.
2. Describe the morbidity and mortality of chronic Hepatitis B from HCC to complications of cirrhosis
3. Review the new ACIP/CDC recommendations for universal vaccination against HBV in adults in the U.S.
4. Review changing epidemiology/outbreaks of acute hepatitis A in the U.S. and immunization recommendations

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5:00pm - 6:00pm

RENAL RHYMES: ABC'S OF CKD IN 2023

Kim Zuber, PA-C – AANPA Executive Director, St Petersburg, FL

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Define stages of CKD using the new 2021 eGFR calculator
2. Review urinary testing needed to both stage and predict progression of CKD
3. Discuss management of CKD patients with a goal to slow disease progression

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6:00pm - 7:00pm

PANNING FOR CHEST PAIN GOLD: WHEN HOW AND WHY?

George Higgins, MD, FACEP – Emeritus Professor, Portland, ME

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Apply a combination of gestalt, a proven Clinical Decision Rule, ECG interpretation and cardiac biomarker evaluation to safely risk-stratify patients presenting with non-traumatic chest pain
2. Recognize the ECG clues to acute posterior or acute right ventricular myocardial infarction to activate immediate ACS intervention
3. Identify several elements for the history and physical exam, obtained when evaluating the patient presenting with non-traumatic chest pain, that will be useful to the clinician
4. Implement how best to utilize the HEART CDR through realistic case studies

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7:00pm - 10:00pm

40TH ANNIVERSARY PARTY

Celebrate with us wearing your best 80's gear and your dancing shoes! Featuring food, drink, dancing and The Conniption Fits!

Wednesday, January 18, 2023

7:00am - 8:00am

BREAKFAST AND VISIT EXHIBITS

8:00am - 9:00am

ILLUSTRATED TOXICOLOGY: POISONING PATTERNS NOT TO MISS

Brian Kloss, DO, JD, PA-C – Emergency Medicine Physician at Syracuse VA Medical Center, Syracuse, NY

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Review the approach to the poisoned patient and how to present them to poison control
2. Learn how to categorize the patient into one of the five classic toxidromes based on vital signs
3. Recognize the interrelations between substance abuse and toxicologic presentations

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9:00am - 10:00am

READ AND HEED: RECENT LITERATURE FROM EMERGENCY MEDICINE THAT WILL AFFECT YOUR PRACTICE

Joshua White, MD – Division Medical Director, Gifford Health Care, Randolph, VT

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Describe current hot topics in emergency medicine literature
2. Identify which topics are backed by good evidence and which are not
3. Apply recommended changes in practice

10:00am - 10:30am

BREAK AND VISIT EXHIBITS

10:30am - 11:30am

SETTLING FOR EXCELLENCE: MEDICO-LEGAL CHALLENGES FROM THE DESK OF THE CMO

Joshua White, MD – Division Medical Director, Gifford Health Care, Randolph, VT

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Identify new medico-legal risks on the landscape
2. Discuss how these risks apply to their own practice
3. List tools for reducing risk in their own practice

11:30am - 12:30pm

EIGHT DEADLY SINS: NEURO-OPHTHALMOLOGIC EMERGENCIES YOU CAN'T AFFORD TO MISS

Philip Skidd, MD – Neuro-Ophthalmologist, Assistant Professor, University of Vermont Medical Center, Burlington, VT

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Identify the common presentation, initial work-up, treatment options, and follow up for eight neuro-op emergencies
2. Provide greater confidence in the approach, identification, and management of these disorders
3. Provide a better understanding of the literature or lack thereof
4. Change practice patterns for better patient care

12:30pm - 3:00pm

FREE TIME OR WORKSHOPS

12:30pm - 3:30pm

WORKSHOP 4: ESSENTIAL SUTURING SKILLS

James Marinucci – Principal & CEO, Alleanza Group, LLC., Washington, DC, Former Director of Trauma Technology and Wound Management, Department of Emergency Medicine, The George Washington Medical Faculty Associates, Washington, DC Ryan Strauss, PA-C – Associate Clinical Professor, Director of Advanced Practitioners, Department of Emergency Medicine, The George Washington Medical Faculty Associates, Washington, DC

3.0 CE Credits

At the conclusion of this session, the participant will be able to:

1. Properly assess acute traumatic wounds to determine appropriate management, referral, and follow-up
2. Choose appropriate wound management materials and equipment
3. Determine appropriate local anesthetic and method of administration
4. Determine appropriate suture techniques according to wound and patient characteristics
5. Assess and repair simple lacerations using aseptic technique and a variety of closure methods
6. Demonstrate a variety of essential percutaneous suture techniques
7. Demonstrate proper intradermal suture technique
8. Demonstrate alternate methods of acute wound management for wounds that cannot or should not be sutured
9. Explain proper antibiotic indications, tetanus prophylaxis, rabies prophylaxis and instruct the patient in appropriate post-procedural care

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3:00pm - 4:00pm

FROM ZERO TO ZCODES

Kim Zuber, PA-C – AANPA Executive Director, St Petersburg, FL

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Review PI-CME and how to implement into your practice
2. Discuss social determinants of health as defined by the AMA
3. Develop an intervention to identify SDOH to use in your practice

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3:30pm - 4:00pm

COFFEE BREAK AND VISIT EXHIBITS

4:00pm - 5:00pm

PAINLESS PROCEDURES IN URGENT CARE: WHEN PROCEDURAL SEDATION IS NOT AN OPTION

Andrew Perron, MD, FACEP – Associate Dean for Graduate Medical Education, Professor of Emergency Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Describe what options there are for analgesia and anxiolysis in the office/urgent care setting
2. Discuss what monitoring is necessary
3. List the pharmacodynamics of the agents used

5:00pm - 6:00pm

SUDDEN DEATH IN OTHERWISE YOUNG HEALTHY ATHLETES

Andrew Perron, MD, FACEP – Associate Dean for Graduate Medical Education, Professor of Emergency Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Discuss the common causes of sudden cardiac death in those <35 years old; 2. Describe the limitations of screening for causes of sudden cardiac death; 3. Identify the important screening questions and physical examination options for detecting these diseases

6:00pm - 7:00pm

DOWN AND OUT? OPTIONS BEYOND SSRI'S FOR TREATMENT RESISTANCE DEPRESSION

Krista Buckley, MD - Assistant Professor of Psychiatry at UVMMC, Burlington, VT

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Review diagnostic criteria for depression
2. Identify alternative causes of depression symptoms
3. Review approaches for treatment resistant depression

Thursday, January 19, 2023

7:00am - 8:00am

MEGA BREAKFAST! BRING YOUR APPETITE

8:00am - 9:00am

SPENDING TIME IN THE JOINT: EVALUATING COMMON RHEUMATOID COMPLAINTS IN PRIMARY CARE

Rick Pope MPAS, PA-C, DFAAPA, CPAAPA – Rheum to Know Author, Workshop Leader, Adjunct Professor Univ. of Bridgeport, Sacred Heart University, Lecturer Yale School of Medicine, Founder and Past President Society of PAs in Rheumatology

1.0 CE Credit

At the conclusion of this session, the participant will be able to:

1. Review the differential diagnosis for an acute monoarthritis
2. Discuss how to manage an acute attack of gout
3. Review options of ULT lowering therapies
4. Review the approach to diagnosis in a patient with arthralgias and swelling
5. Recognize subacute onset of muscle and joint pain in an older individual
6. Identify when to refer to a rheumatologist

9:00am - 10:00am

EXAMINING OPTIONS: UPDATE FROM NCCPA - FOCUS ON PANRE ALTERNATIVE

Dawn Morton-Rias, EdD, PA-C, ICE-CCP – President and CEO, National Commission on Certification of Physician Assistants, Inc., Johns Creek, GA
1.0 CE Credit

At the conclusion of this session, the participant will be able to:
1. Describe the options available for PANRE beginning in 2023 with many new details on PANRE-LA
2. Describe the CAQ program
3. Describe the ways PAs contribute to the work of NCCPA
4. Recognize the many ways NCCPA communicates with PAs and other resources available

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10:00am - 10:30am

COFFEE BREAK AND HOTEL CHECK-OUT

10:30am - 11:30am

DON'T MAKE THE SAME OLD MISTAKES: OUTPATIENT FOLLOW UP AFTER A GERIATRIC TRAUMA ADMISSION

Cheryl Elinsky, MSN, PA-C – General Internal Medicine, Dartmouth Health, Lebanon, NH
1.0 CE Credit

At the conclusion of this session, the participant will be able to:
1. Identify patient's understanding of the injuries they sustained
2. Describe how the patient is receiving the appropriate levels of rehabilitation at the time of their follow visit
3. Discuss plans for weight loss, injuries that were not originally identified while hospitalized and emotional challenges related to the traumatic event

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11:30am - 12:30pm

I DON'T MAKE THE POLICY AROUND HERE....BUT IF I DID: CAREER PATHS IN ADMINISTRATION – THE GOOD, THE BAD, AND THE UGLY

Stephen Leffler, MD – Emergency Medicine Physician; President & Chief Operating Officer, University of Vermont Medical Center, Burlington, VT
1.0 CE Credit

At the conclusion of this session, the participant will be able to:
1. Describe how to transition from clinical practice to administration
2. Identify the positives of being in administration
3. Discuss the challenges of being in administration
4. Identify why clinicians choose to enter and leave administration roles

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12:30pm - 12:30pm

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